

BCH Services Guide - Refugee & Immigration Support

Ballarat Community Health provides a range of refugee and settlement services including:

- Paediatric Immigrant Health Clinic
- Refugee Health Nurse
- Settlement Workers

Further resources can be obtained at [Centre for Culture, Ethnicity & Health](#)

Immigrant and Refugee Settlement Services

Assistance for newly arrived immigrants and humanitarian entrants for up to 5 years settling in Australia. The focus is on building clients' confidence and ability to participate economically and socially with the Australian community, while equipping them with knowledge and skills needed to access services in the future.

Program Information

What is it about?

Assistance for newly arrived immigrants and humanitarian entrants for up to 5 years settling in Australia. The focus is on building clients' confidence and ability to participate economically and socially with the Australian community, while equipping them with knowledge and skills needed to access services in the future.

Who is it for?

Humanitarian entrants and immigrants depending on visa type.

How much time will it take?

Initial appointments are 60 to 90 minutes; further appointments are made as required.
Between 9.00am - 5.00pm by appointment.

Who provides it?

Immigrant Advocate, Settlement Services Case Manager.

How do I get into the program?

Promoting health and well-being and preventing illness



Phone Ballarat Community Health on 5338 4500 to speak to the Immigrant Advocate, Settlement Services.

Paediatric Immigrant Health Clinic

The clinic is available monthly for immigrant children. Specialist care for adult and child immigrants who are Vitamin D deficient is also provided at the clinic.

Program Information

What is it about?

The clinic is available monthly for immigrant children. Specialist care for adult and child immigrants who are Vitamin D deficient is also provided at the clinic.

How much time will it take?

Appointments are 45-60 minutes

Who provides it?

Dr David Tickell

How do I get into the program?

Phone Ballarat Community Health on 5338 4500 for an appointment. A referral shall be required from the client's GP.

Other Information

1st Wednesday of every month.

Refugee Health Nurse

The refugee health nurse co-ordinates access to health care for newly arrived refugee .and assists them to work towards independence. The program also provides ongoing health care and support to immigrant families and individuals.

Program Information

What is it about?

The refugee health nurse co-ordinates access to health care for newly arrived refugee .and assists them to work towards independence. The program also provides ongoing health care and support to immigrant families and individuals.

Who is it for?

Migrants, refugees and asylum seekers.

How much time will it take?

Initial appointments are 60 to 90 minutes; further appointments are made as required

Who provides it?

Qualified nurse

How do I get into the program?

Phone Ballarat Community Health on 5338 4500 for an appointment. Waiting times may apply. The intake worker will assess priority. Telephone interpreter services are used as required.

Trauma & Torture Counselling

This specialist counselling program is available to refugees and asylum seekers at any time following arrival in Australia. It aims to help survivors find a way forward as they strive to live with memories and consequences of their experiences with courage and dignity.

Program Information

What is it about?

This specialist counseling program is available to refugees and asylum seekers at any time following arrival in Australia. It aims to help survivors find a way forward as they strive to live with memories and consequences of their experiences with courage and dignity.

Who is it for?

Refugees and asylum seekers who have experienced trauma and torture.

How much time will it take?

Initial appointments are 60 to 90 minutes; further appointments are made as required.
Monday to Friday 9.00am - 5.00pm

Who provides it?

Qualified counsellor

How do I get into the program?

Phone Ballarat Community Health on 5338 4500 for an appointment.

Other Information

Waiting times may apply.
The intake worker will assess priority.
Telephone interpreter services are used as required.