BCH Services Guide - Alcohol & Other Drug

The Alcohol & Drug Team at Ballarat Community Health is committed to assisting individuals and families who are dealing with alcohol or other drug related issues.

Do you, or does someone close to you, have a problem with alcohol or other drugs? Are you concerned or confused about alcohol or drugs?

We can provide free support, information and continuing care.

- You won’t be judged.
- Your confidentiality and privacy will be respected.

**Adult AOD Services**

From 1st September 2014, the Intake and Assessment provider for adult AOD Services in the Grampians Region has changed. If you require information or referral to Ballarat Community Health you can obtain this by calling the Intake and Assessment agency ACSO Connect on 1300 022760 [http://www.acso.org.au](http://www.acso.org.au)

**Youth AOD Services**

For enquiries or to make a referral for youth outreach or home based withdrawal please call Ballarat Community Health on 53384500 or email youthAODintake@bchc.org.au. To view the Ballarat Community Health [Alcohol & Other Drug Action Plan Progress Report.pdf](http://www.acso.org.au) please click on the link.

**Useful Links:**

- [www.yodaa.org.au](http://www.yodaa.org.au)
- [www.hvic.org.au](http://www.hvic.org.au)

**Alcohol & Other Drug Counselling**

Support and counselling and to individuals, family members and significant others experiencing alcohol and other drug related problems.

Care and Recovery Coordination Supportive case management for individuals who have complex Alcohol or Other Drug issues.
Alcohol & Other Drug Youth Outreach Worker

A holistic approach working with young people aged 11-25 yrs in their own environment. Assisting individuals and family members with alcohol or drug related issues.
Alcohol and other Drugs Nurse Practitioner Service

Our Alcohol and Drug Nurse Practitioner* clinic offers a specialist alcohol and drug treatment service at Ballarat Community Health’s Lucas clinic. This exciting new service offers high quality, evidence-based treatment and care for people with alcohol and drug issues, in a collaborative care model with referring GPs. The service may provide a short-term involvement around ceasing substance use or longer-term management around maintenance pharmacotherapy (Methadone or Buprenorphine for opioid dependence). The advanced clinical role of an alcohol and drug nurse practitioner includes:

- comprehensive holistic assessments
- requests for relevant diagnostic tests
- initiating and maintaining medications relevant for drug and alcohol treatment and
- making appropriate referrals.

The service also works in close partnership with other alcohol and drug treatment, community and healthcare providers.

For more information and how to refer, please see the nurse practitioner service flyer and letter of introduction.

*A nurse practitioner is a registered nurse who is educated and endorsed under Section 95 of the National Law to function autonomously in an advanced and extended clinical role. The nurse practitioner role includes assessment and management using nursing knowledge and skills.
Drink Driver Education Program

If you’ve lost your licence due to a drink or drug driving offence, the process of having it restored may seem challenging. At Ballarat Community Health, our Alcohol & Drug Team is committed to assisting individuals and families who are dealing with alcohol or other drug related issues.

As a Victorian Government accredited Drink and Drug Drive Education Program (VADEP) provider Ballarat Community Health can help you by:

- Explaining the steps you need to take
- Providing Drink or Drug Driving Education courses
- Conducting assessments and submitting court reports as required
- Having someone to talk to about the process
- Our team can assist other professionals with information and support

Almost all people who have had their licence suspended or cancelled for drink or drug driving will need to participate in a driver education program.

Our VADEP Accreditation No is: 14 / 001.
drinkdrivereducationprogram_flyer.pdf

Program Information

Who is it for?
Individuals who have had their drivers licence suspended or cancelled due to a drink driving offence

How much time will it take?
The Drink Driver Education Program is delivered over 2 nights – each session 4 hours commencing at 4.00pm.

When is it held?
3rd & 10th May, 2017
7th & 14th June, 2017
5th & 12th July, 2017
2nd & 9th August, 2017
6th & 13th September, 2017
4th & 11th October, 2017
1st & 8th November, 2017
6th & 13th December, 2017

Where is it held?
Ballarat Community Health, located at 12 Lilburne Street Lucas
Cost?

Drink Driver Education Program $185.00.
Interlock Condition Removal Order Report $220.00.
Licence Eligibility Report $175.00.

Who provides it?

The program is delivered by an experienced Alcohol and Other Drugs Team.

How do I register for a BCH Accredited Drink Driver Education Program?

To register for a course you can call (03) 5338 4500 and our reception staff will take your details. One of our Drink Driver Program Facilitators will call you back to confirm your booking and discuss any additional needs you may have.
Drug Driver Education Program

If you’ve lost your licence due to a drug driving offence, the process of having it restored may seem challenging. At Ballarat Community Health, our Alcohol & Drug Team is committed to assisting individuals and families who are dealing with alcohol or other drug related issues.

As a Victorian Government accredited Drink and Drug Drive Education Program (VADEP) provider Ballarat Community Health can help you by:

- Explaining the steps you need to take
- Providing Drink or Drug Driving Education courses
- Conducting assessments and submitting court reports as required
- Having someone to talk to about the process
- Our team can assist other professionals with information and support

Almost all people who have had their licence suspended or cancelled for drink or drug driving will need to participate in a driver education program.  
drug_driver_education_program_flyer.pdf
Our VADEP Accreditation No is: 14 / 001.

**Who is it for?**

Individuals who have had their drivers licence suspended or cancelled due to a drug driving offence

**How much time will it take?**

The Drug Driver Education Program will be run over 1 day commencing at 9.00am.

**When is it held?**

The program is held every second Tuesday:

18th April, 2017
2nd May, 2017
6th June, 2017
20th June, 2017
4th July, 2017
18th July, 2017
1st August, 2017
15th August, 2017
29th August, 2017
12th September, 2017
26th September, 2017
10th October, 2017
24th October, 2017
Where is it held?
Ballarat Community Health, located at 12 Lilburne Street Lucas

Cost?
Drug Driver Education Course $185.00.
Licence Eligibility Report $175.00.

Who provides it?
The program is delivered by an experienced Alcohol and Other Drugs Team.

How do I register for a BCH Accredited Drug Driver Education Program?
To register for a course you can call (03) 5338 4500 and our reception staff will take your details. One of our Drug Driver Program Facilitators will call you back to confirm your booking and discuss any additional needs you may have.
Home based Withdrawal Services

Assessment for home based withdrawal from alcohol and other drugs for both adults and young people
Youth AoD Services - Intake and Assessment will continue to be provided by Ballarat Community Health.
For enquiries or to make a referral please call 53384500 or email youthAoDintake@bchc.org.au
Making a Change (MAC) Program

The Making a Change (MAC) Program is an 8 week structured alcohol and other drug day rehabilitation program.
The program aims to:

- Promote behaviour change
- Improve lifestyle, health & wellbeing
- Reduce/cease the risks, harms & consequences of alcohol and other drug use
- Assist participants to improve feelings of social connectedness
- Improve daily living skills

Program Information

Who is it for?

People who experience problematic alcohol or other drug use who are:

- 18 years +
- self-motivated and capable of self-management

How much time will it take?

The 8 week program runs Tues-Fri (Fri is optional), 9.30am - 3.30pm

When is it held?

Runs 4 times a year (dates to be advised)

- Feb - March
- April – June
- July – September
- October – December

Where is it held?

Ballarat Community Health, Lucas

How do I get into the program?

Download the Referral Form to find out more about the MAC program.
For more information contact the Alcohol and Other Drug Team at Ballarat Community Health
Phone: 53384522 or 53384583
Email: aodintake@bchc.org.au
Naloxone

BCH Role
Ballarat Community Health is working with our partners in general practice, pharmacy and AOD treatment services to increase the prescribing of naloxone. Anyone using any kind of opioids is potentially at risk of overdose, especially pain management, drug dependent and pharmacotherapy patients.

Key Messages

- Naloxone is a medication that reverses the effects of opioids in the body. It is non-addictive and safe, and currently available by prescription in a prefilled syringe similar to an Epi-pen
- 1,000s of lives are saved and brain injuries avoided each year in Australia by paramedics administering naloxone on patients who have suffered opioid overdose
- Ambulance and coroner data show that overdose from both legal and illegal drugs is a significant concern in rural and regional Victoria, and opioid drugs play an increasing role
- Several Ballarat Community Health staff are trained and accredited by the Penington Institute to provide ‘overdose educator’ training to clients and support people on how to respond to overdose, including administering naloxone.

naloxone_bch_position_statement_-_may_2015.pdf
Ballarat Community Health provides direct service to clients in this area. For more information contact:

- Jacqueline Keevins, Manager – Pharmacotherapy Network, on 5338 0511
- Bee Brown, Mobile Drug Safety Worker, on 5338 4548.
Needle Exchange Program

Syringes/needles, swabs and disposal containers are provided free of charge, along with a disposal service for used needles. Needle Exchange Service is available weekdays 9am - 5pm from the following BCH sites:

- **Lucas** - 12 Lilburne Street
- **Sebastopol** - 260 Vickers Street
- **Wendouree** (Cooinda) - 10 Learmonth Road

Health information, education, support and referral to other health services is also available.

**Useful Links:**

[www.hrvic.org.au](http://www.hrvic.org.au)