

## BCH Services Guide - Health Promotion

The Health Promotion Team at Ballarat Community Health conducts programs to raise awareness and provide information on healthy lifestyle choices to the community.

We provide:

- Health information
- Education
- Seminars
- Workshops
- Presentations
- Displays

We cater for:

- Individuals
- Groups
- Schools
- Workplaces
- Organisations

Health promotional activities can also be incorporated with Theme weeks and Events throughout the year. Please download the following attachment for a list of current Theme Weeks and Events scheduled for 2016. [Theme Weeks and Events 2016](#)

To find out more about our health promotion services or to make a request, please email:

[healthpromotions@bchc.org.au](mailto:healthpromotions@bchc.org.au)

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