

BCH Services Guide - Allied Health

Allied Health

The Allied Health is an afterhours clinic which aims to make it easier for people to access a range of services. Allied health is a term used to refer to health care professions which support Medicine, Dentistry and Nursing. The Clinic is operated through Ballarat Community Health and provides direct doctors referrals and other support services as required.

What Services are available?

- Podiatry
- Psychology
- Speech Pathology
- Dietary Counselling
- Exercise Physiology

Where is Allied Health located?

The Allied Health clinic operates across two Ballarat Community Health sites including:

- **Sebastopol**, 260 Vickers Street.
- **Wendouree (Coinda)**, 10 Learmonth Road.

Allied Health operates on Wednesdays and Thursdays with evening appointments available. Appointments are also available on alternate Friday and Saturday mornings. To make an appointment, or find out more about how Allied Health can assist you, please call 0353384570.

Who can attend Allied Health?

Access to the clinic is available for people with Enhanced Primary Care Plans (EPCP), those with private health insurance and Department of Veteran Affairs clients.

Clients who have a chronic medical condition that is being managed by a GP Management Plan will be eligible for an EPCP, hence access to Allied Health also.

How much does it cost?

Consultations, with the exception of Speech Pathology are bulk-billed with no cost being passed on to you, the client. Please ensure you bring your Medicare card to each appointment.

Exercise Physiology

Exercise Physiologists are university qualified allied health professionals who specialise in the delivery of exercise, lifestyle and behaviour modification programs for the prevention and management of chronic diseases and injuries. They provide services to clients with conditions such as cardiovascular disease, diabetes, osteoporosis, depression, cancer, arthritis, COPD and many more

The Ballarat Primary Care Clinics provide:

- Improved access to allied health and mental health professionals who provide services through the Medicare Benefits Schedule, Veterans Affairs or private fee paying options.
- Improved efficiency – through reduced Ballarat Community Health waiting lists
- Services offered are; Podiatry, Exercise Physiology, Speech Pathology, Psychology and Dietetics

Program Information

What is it about?

Exercise Physiologists are university qualified allied health professionals who specialise in the delivery of exercise, lifestyle and behaviour modification programs for the prevention and management of chronic diseases and injuries.

Who is it for?

People with a chronic condition who have an EPC (Extended Primary Care) plan from their General Practitioner and/or privately paying clients who would benefit from specialised care from the allied health professionals in Exercise Physiology.

How much time will it take?

Appointments are available:
Wednesday's between 3pm – 7pm at BCH - Sebastopol

Who provides it?

Allied Health Professionals.

How do I get into the program?

Phone Ballarat Primary Care on 5338 4570 for more information

Other Information

Bulk Billing for eligible clients: Enhanced Primary Care Plan (EPC Plan), Department of Veterans Affairs (DVA) Gold Cards, Workcover Clients
Private Health Insurance HICAPS (Health Industry Claims and Payments Service) is also available.

Podiatry

Ballarat Community Health's Podiatrists are located at the Lucas, Cooina (Wendouree), Sebastopol and Smythesdale sites. We provide professional & affordable foot care for all ages, with service prioritised to individuals on a healthcare card or pension.

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- Gait analysis/orthoses
- Diabetic care & assessments
- General treatment
- Ingrown toenails / nail surgery
- Footwear advice

Podiatrists are also available for educational talks to community groups on a range of podiatric issues.

How we can help you!

A Podiatrist is a health professional who deals with the prevention, diagnosis, treatment and rehabilitation of medical and surgical conditions of the feet and lower limbs.

- Foot and leg pain should not be a part of your daily life and can often restrict a person's mobility and good health.
- Foot and leg alignment can have a significant effect on the development of painful problems during sport, at work or in daily life.
- Foot health care begins at any age, the earlier the better! Early detection and management in babies and children can help reduce foot problems in later life.

Factsheets

- [Bowed Legs \(Genu Varum\)](#)

To find out more about these or other services at Ballarat Community Health, drop in to a site near you or call our central phone number: (03) 5338 4500



Speech Pathology