**Alcohol and Other Drugs**

Ballarat Community Health offers Alcohol and Other Drug education sessions to primary and secondary school students. Ballarat Community Health works from a harm minimisation framework. These sessions cover topics such as impacts on physical and mental health, lifestyle, decision making, risk taking, and consequences relating to alcohol and other drug use. Sessions can be adjusted to cater for specific needs and to ensure the content is age appropriate.

Ballarat Community Health, with a number of other local organisations, also offers Year 9 students an alcohol and drug awareness education program called SSMART ASSK. Secondary consultation and information regarding appropriate resources for young people can also be provided.

For further information or alcohol and other drug resources visit:

[www.adf.org.au](http://www.adf.org.au)

[www.darta.net.au](http://www.darta.net.au)

www.oohctoolbox.org.au

[www.quit.org.au](http://www.quit.org.au)

www.yodaa.org.au

Please contact Bridget Campbell on (03) 5338 4500 or by email at BridgetC@bchc.org.au to register your interest in this or any other school opportunities.

**Ballarat Community Health staff require a minimum of four weeks notice when working in schools.**