**Sexuality (Puberty) Education for Primary Schools**

Ballarat Community Health offers support to primary schools in providing sexuality education. The preferred model is to increase the capacity of teachers to provide sexuality education in schools, with support from community health organisations.

***Catching On Early*** is an evidence-based resource founded on the latest research into sexuality education and child sexual development. Its developmentally-based program is designed to help schools teach the sexuality education components of VELS Levels 1-4 in the Health and Physical Education and Interpersonal Development domains. The program uses active learning strategies to build on students’ early learning and experiences about gender, bodies and relationships. It combines the biological, social and emotional aspects of sexuality education to assist schools in meeting students’ needs as they relate to sexual growth and change.

Ballarat Community Health can support primary schools by providing professional development for staff, an education session (in partnership with the classroom teacher), parent education sessions and resources from the puberty library, and assisting staff with a curriculum audit.

The resource can be downloaded from <http://www.eduweb.vic.gov.au/edulibrary/public/teachlearn/student/catchingoneyrsv.pdf>

Please contact Bridget Campbell on (03) 5338 4500 or by email at [BridgetC@bchc.org.au](mailto:BridgetC@bchc.org.au) to register your interest in this or any other school opportunities.

**Ballarat Community Health staff require a minimum of four weeks notice when working in schools.**