



2020 Ballarat Mental Health Week Art Competition and Exhibition Entry Form

Requirements, terms and conditions of entry

Artwork must be original artwork of the artist. Winners announced on **Friday 9th October** via an online prize giving ceremony. A digital link will be provided to exhibitors to attend.

Competition and exhibition is open to the following:

- Artists with a lived experience of mental health
- A carer of a person with a lived experience of mental health
- An artist making work promoting awareness about mental health

Entrants can submit up to 4 artworks.

All artwork is to be photographed (see our tips below) and uploaded with an entry form to our **dropbox** or via **email**.

Submit artwork and completed form to artcompbmhw@gmail.com or email us for dropbox details or any questions.

Works can be in any medium - creativity encouraged!

Entry for the Mental Health Week Art Competition is free for 2020.

All submission files must be clearly labelled as follows:

- firstname_lastname_title.jpeg
- all files must be saved as jpeg files
- images must be between 200-500KB (please see photography tips below)

Artwork will be exhibited online from **5th October 2020 – 5th November 2020**.

Multi-media exposure will be used during the exhibition. All works will be exhibited and promoted simultaneously on various web platforms.

Please note: Those who are selling their work will be required to provide a contact email (*this will be publicly available*) to accompany the online exhibit. This will enable interested buyers to contact you directly.

Sale of artwork is to be negotiated between artist and buyer – Ballarat Mental Health Week Group will not facilitate any sales.

Artwork to be submitted online only by Friday 18th September 2020.

Tips for photographing your work:

- Always photograph your work during the day, and with as much natural light as possible
- Try not to lean your artwork up against a window as the backlight will make your artwork very dark
- Try to lean or hang your work up against a wall, with light angling on to the work as much as possible
- Watch out for your own shadow or reflection in the photograph
- Make sure the WHOLE work is in the photograph with a clear space around it
- If you are photographing with your phone, hold your phone as still as possible so your image is in focus
- Turn your flash off your phone or camera, you will get a better photograph without flash
- If you are taking your photo on a digital camera, or submitting a digital art work, please ensure that your file size is between 200-500KB. *(If you are taking your photo on a phone, you don't need to worry about this)*
- Please make sure you are sending your photo directly from your phone, camera, or computer. *(The quality will be very poor if take a screen shot, or download your picture from Facebook / Instagram)*
- Once you have taken your photo, if possible it's a good idea to show it to someone else so they can double check that it is in focus etc. *(a second pair of eyes is very useful!)*
- If you are photographing a sculpture or model, make sure the table/bench/surface you are photographing it on is nice and clear, and there is nothing else in the background or on the wall behind the work.

Important things to note:

- These works will be displayed on a public virtual platform in good faith and promoted through multiple channels. Ballarat Mental Health Week Group cannot take any responsibility for any future copyright issues an artist might experience from participating in this online exhibition.
- Applications are accepted at the discretion of the exhibition curators, not all works are guaranteed to be accepted

Name of Artist:

Artist email:

Title of artwork:

Medium:

Size:

Price:

(if selling)

Upon submitting this form, I understand that I am agreeing to the above terms and conditions.

Signed:

(type full name)

Date:

Date:

Artist statement: *(no more than 300 words)*

An example would be a brief art or life history, or the inspiration behind creating this work. This is voluntary but if you would like to participate then please provide a brief description.

Thank you for your entry. We look forward to exhibiting your work.

