



Safe homes. Safe families.

Artwork by Pip

It Starts with YOU.

We asked young people to express their thoughts about family violence through art and writing. *This is what they had to say:*

Family is supposed to be our safe haven.
Sometimes, it's the place where we find our deepest heartache.
- by Tilly

Everyone has the right to feel safe at home.

Kids and young people under 25 years old can contact Kids Helpline (www.kidshelpline.com.au) and talk with a counsellor about what's happening and receive help.

Call (any time, any reason)

1800 55 1800

Webchat (anytime)

kidshelpline.com.au/get-help/webchat-counselling

Email (checked regularly)

counsellor@kidshelpline.com.au

Supported by the Australian Government Department of Social Services. Go to www.dss.gov.au for more information.

