## Come E Try: adaptive bikes in Ballarat

We're hosting a Come & Try day with the help of some of Australia's favourite adaptive bike providers.

We'll have a range of equipment available for you to take for a spin, and will have expert clinicians available to answer all your questions! Join us:

## When: Wed. 5<sup>th</sup> October Where: Lucas Central Park Providers: Melrose, Trisled

To get involved - fill out an enquiry form on our website & our team will be in touch with all the details: www.bchc.org.au/adaptive-bikesprogram/

SCAN OR TO READ MORE:



Ballarat Community HEALTH





## I want to know more!

## Cycling is a fantastic way to stay fit, explore the outdoors and have fun with our friends & family.

Advances in technology now enable us to adapt the way in which we ride, making it accessible to people of almost all abilities! Adaptive bikes are alternatives to your every day bike models, that are modified to suit the needs of the individual.

Ballarat Community Health can help you find the most suitable wheels for your needs. We'll provide a full assessment, coordinate equipment trials and provide a detailed report for funding applications too. All you have to do is let us know you're interested.

If you would like to be part of our adaptive bikes program in Ballarat, complete the enquiry form on our website & we'll be in touch soon: **www.bchc.org.au/adaptive-bikes-program/** 

