



Alcohol & other drugs

Harms associated with alcohol, tobacco and other drugs (ATOD), including accidents, injury and violence, are particularly high for young people. Drugs and alcohol can also interfere with adolescent developing brains. Evidence-best practice for schools and health services in this area is to promote harm minimisation education and health resources to empower young people increase their knowledge and skills to make the best decisions for themselves and their peers.

We can help your school achieve best practice in the Alcohol & Other Drug priority area by:

- helping develop an ATOD policy for the school
- providing newsletter articles + social media and website content with stats, strategies & referral pathways to services
- providing smoke-free signage for display in high traffic areas
- providing resources for your offices & referral pathways to local health services at BCH and/or headspace Ballarat
- giving FREE access to health education sessions & resources
- professional development and support for school staff

Alcohol and other drugs education is a key health priority area of the Health Promoting Schools Framework. This is an exciting opportunity for students, families and staff to become key partners in planning and implementation of school policies, procedures, and best practice in this area.

HOW TO GET INVOLVED:



Email us:
healthpromotion@bchc.org.au



Meet with us to discuss the program & how to get started (call 03 5338 4500 to arrange a time to chat)



www.bchc.org.au

HEALTHY SCHOOLS Achievement Program

We're creating a healthier school