



Healthy eating

Ballarat Community Health wants to partner with you to support planet-friendly and green health-food initiatives! If you have a project that generates sustainable ideas, uses a youth-led climate action approach and benefits the health and wellbeing of your whole school, we can help!

Here are some ideas to get you thinking

green!

- Create a sustainability committee or Green Team to address your school's environmental concerns
- Increase healthy 'green' plant-based foods in your canteen
- Introduce 'bush tucker' plants into your school garden
- Create a kitchen garden program for the school
- Create a cooking program for students and/or families.
- Collect food scraps for composting or a worm farm
- Become a 'nude food' school



To apply, you need to be:

- 1 Representing a primary or secondary school that is located within the City of Ballarat
- 2 Able to meet (virtually or face-to-face) with someone from BCH to discuss your project
- 3 Willing to register and commit to this initiative

HOW TO GET INVOLVED:



Email us:
healthpromotion@bchc.org.au



Meet with us to discuss the program & how to get started (call 03 5338 4500 to arrange a time to chat)



www.bchc.org.au

HEALTHY SCHOOLS Achievement Program

We're creating a healthier school