



Sexual health

The goal of sexuality education is to build on knowledge, skills and behaviours, enabling young people to make responsible and safe choices. Developing protective factors such as resilience and social and emotional competencies will enhance the potential for children and young people to resist risky behaviours.

We can help your school achieve best practice in the Sexual Health priority area by:

- helping you develop a Sexual Health (including puberty) & Relationships policy
- providing newsletter articles + social media and website content
- giving FREE access to in-classroom health education sessions and resources
- providing resources and referral pathways to local health services at BCH and headspace Ballarat
- professional development and support for teaching staff

Relationships and Sexuality (including puberty) education is delivered in comprehensive curriculum, across all year levels Foundation-12. Student learnings about respectful relationships and sexuality is complemented by opportunities to share their knowledge with peers, parents, and the community.

HOW TO GET INVOLVED:



Email us:
healthpromotion@bchc.org.au



Meet with us to discuss the program & how to get started (call 03 5338 4500 to arrange a time to chat)



www.bchc.org.au

HEALTHY SCHOOLS Achievement Program

We're creating a healthier school