

# Looking for support or advice on substance use?

If yes, Ballarat Community Health can help!

Our Youth AOD Team provides a free and confidential outreach service (we'll come to you) for young people aged 12-25 years.

**Vaping**

**Alcohol**

**Other drugs**

**Harm minimisation**

Scan the QR code for more information or call 5338 4500 or email [aodintake@bchc.org.au](mailto:aodintake@bchc.org.au) to talk to someone today.

