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**Elder abuse can manifest in many ways and sometimes multiple forms occur at once. Seek help if someone is:**

- using your money or assets illegally or improperly, or forcing you to change your will/sign documents
- threatening, humiliating, or harassing you or making you feel anguish, shame, fear or helplessness
- inflicting pain and/or injury by hitting, slapping, pushing or restraining you
- preventing you from contacting friends, relatives or service providers or is stopping you from joining in activities
- intentionally or unintentionally failing to provide you with basic life necessities
- conducting any sexual activity that you have not consented to.

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Current at: March 2025

# ELDER ABUSE IS NEVER OK

**For information about services for older people in your local area, contact your local council:**

Ararat Rural City  
Council 03 5355 0200

City of Ballarat  
03 5320 5500

Golden Plains Shire  
03 5220 7111

Hepburn Shire  
03 5348 2306

Moorabool Shire  
03 5366 7100

Pyrenees Shire  
03 5349 1100

**See inside for details of services that are here to help you**

Supported by the Central Highlands Elder Abuse Prevention Network:



If you or someone you know is experiencing harm, fear or distress as a result of the actions of someone in a position of trust, that's elder abuse.

# OLDER PEOPLE HAVE RIGHTS

All people, no matter their age, have the right to live safely, make their own decisions and be treated with dignity and respect.

CALL 000 IF YOU NEED HELP FROM POLICE

If you believe you are experiencing elder abuse, your GP or any of these services can give **advice**:

## Relationships Victoria

Ballarat.....5337 9222

Hotline.....1300 364 277

**Seniors Rights Victoria**.....1300 368 821

**CatholicCare**.....1300 033 818

**Lifeline**.....13 11 44

**1800 Respect**.....1800 737 732

## Elder Rights Advocacy

(Residential or in-home aged care services)

.....1800 700 600

These services provide **legal and/or financial** advice & support:

## Ballarat & Grampians Community

**Legal Service**.....5331 5999

**CAFS Financial**.....5337 3333

## Victorian Legal Aid

Ballarat.....5329 6222

Hotline.....1300 792 387

This is an **Aboriginal** support service:

**BADAC**.....5331 5344

These services provide responses to **family violence**, including elder abuse:

## The Orange Door

Central Highlands .....1800 219 819

**Berry Street** .....5331 3558

**WRISC** (women only).....5333 3666

**Men's Referral Service**.....1300 766 491

.....9428 2899

## Ballarat Child & Family Services

.....5337 3333

## Grampians Community Health

.....5358 7400

This service provides counselling and support for **sexual abuse**:

## Centre Against Sexual Assault

Ballarat.....5320 3933

Hotline (crisis).....1300 806 292

These organisations provide **counselling** services:

## Ballarat Community Health

.....5338 4500

## Grampians Community Health

.....5358 7400