

Choose the areas where you want your school to excel!

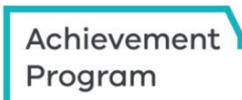
Be a Health Promoting School

The Health Promoting Schools initiative provides schools with a comprehensive framework and resources to support health outcomes for students, staff and families. Based on the World Health Organization's Health Promoting Schools Model and recommended by the Department of Education, the Health Promoting Schools Framework strengthens the relationship between health and education by linking FISO 2.0 and the curriculum.

Evidence shows that a whole of school approach is more effective in improving the overall health and wellbeing of children and young people when compared to one-off health education sessions. Health Promoting Schools are committed to strengthening their capacity to be leaders in health and wellbeing. Become a Health Promoting School today!

"BCH takes a deep dive into these topics to give more insight and expertise than could be gardened from a one-off lesson on any given theme"

- Health Promoting Schools participating teacher





Are you ready to:

- Engage leaders and school staff, students, their families, health providers and the wider community to make the school a healthier place?
- Provide a healthy environment, engage in school/community projects and outreach, and take opportunities to share health promotion programs with your staff?
- Address health, wellbeing and safety in your school?
- Implement policies and practices that will help enhance wellbeing?
- Acknowledge good efforts and intentions as well as personal achievements?

Ballarat Community Health offers Health Promoting Schools:

- A step-by-step approach, including access to toolkits, policy templates and review checklists, newsletter articles, social media and website content plus engagement and feedback surveys.
- Supported access to health professionals, secondary consults and referral pathways for students, their families and staff.
- FREE access to in-the-classroom health education sessions from the BCH Health Promotion and Creative Learning Teams.

BECOME A HEALTH PROMOTING SCHOOL TODAY!

Contact us at healthpromotion@bchc.org.au
to find out how we can support your school.

Visit bchc.org.au/service/health_promoting_schools_framework



WELLBEING



SAFETY



FOOD ENVIRONMENTS



VAPING, ALCOHOL & OTHER DRUGS



MOVEMENT



RELATIONSHIPS



SUN PROTECTION



CLIMATE & HEALTH