



Relationships

The goal of Relationships and Sexuality Education (RSE) is to build on knowledge, skills and behaviours, enabling children and young people to make responsible and safe choices. Developing protective factors such as resilience and social and emotional competencies will enhance the potential for critical thinking in children and young people.

We can help your school achieve best practice in relationships by:

- Supporting you to develop a Healthy Relationships Policy
- Providing newsletter, social media and website content
- Providing FREE access to a suite of health education resources
- Supporting professional development for school staff
- Supporting you to deliver comprehensive RSE across all year levels
- Providing referral pathways to local health services, including BCH and headspace Ballarat
- Aligning with Respectful Relationships and Affirmative Consent

Comprehensive RSE is most effective when implemented as part of a whole of school approach. This approach embraces the partnership between the student, the home, the school and the community. Central to this is the goal of supporting positive student outcomes in all their relationships, online sexual safety and their sexual and reproductive health (including puberty).

HOW TO GET INVOLVED:



Meet with us to discuss how your school can get involved



Email us: healthpromotion@bchc.org.au to arrange a time

Achievement
Program

