



Sun protection

The sun's UV radiation can cause sunburn, skin and eye damage and skin cancer. UV damage accumulated during childhood and adolescence is associated with an increased risk of skin cancer later in life. Skin cancer is the most common cancer in Australia. It is also one of the most preventable.

We can help your school achieve best practice in sun protection by:

- Supporting you to develop a Sun Protection Policy
- Providing newsletter, social media and website content
- Providing FREE access to a suite of health education resources
- Aligning your school with the SunSmart Program
- Supporting professional development for school staff
- Providing referral pathways to local health services, including BCH

Sun Protection in Ballarat – think UV, not heat! UV rays can't be seen or felt and can damage your skin on cool or cloudy days. It's important that when the UV is above 3, we use sun protection measures at school. If the UV is below 3, sun protection isn't required unless you're outdoors for extended periods of time.

HOW TO GET INVOLVED:



Meet with us to discuss how your school can get involved



Email us: healthpromotion@bchc.org.au to arrange a time

Achievement
Program

