



Vaping, alcohol & other drugs

Vaping is introducing a whole new generation of young people to nicotine. Vaping (and smoking) harm our health in many ways, including through direct use, second and third hand exposure and they also negatively impact our environment. Harms associated with vaping, alcohol and other drugs include poisoning, injuries and burns, addiction, accidents and violence and the risks are significantly higher for young people.

We can help your school achieve best practice in vaping, alcohol and other drugs by:

- Supporting you to develop a Vaping, Alcohol and Other Drugs Policy
- Providing newsletter, social media and website content
- Providing FREE access to a suite of health education resources
- Supporting your school to access smoke-free and vape-free signage
- Supporting professional development for school staff
- Providing referral pathways to local health services, including BCH and headspace Ballarat

Smoking, vaping, alcohol and other drug prevention and education is most effective when it is delivered as part of a whole of school approach to health and wellbeing. Teachers and families are in a particularly influential position as their behaviour can have an impact on how children and young people behave. Providing a smoke-, vape- and drug-free environment and promoting low-risk alcohol consumption contributes to the overall health and wellbeing of the students, staff and families connected to the school.

HOW TO GET INVOLVED:



Meet with us to discuss how your school can get involved



Email us: healthpromotion@bchc.org.au to arrange a time

