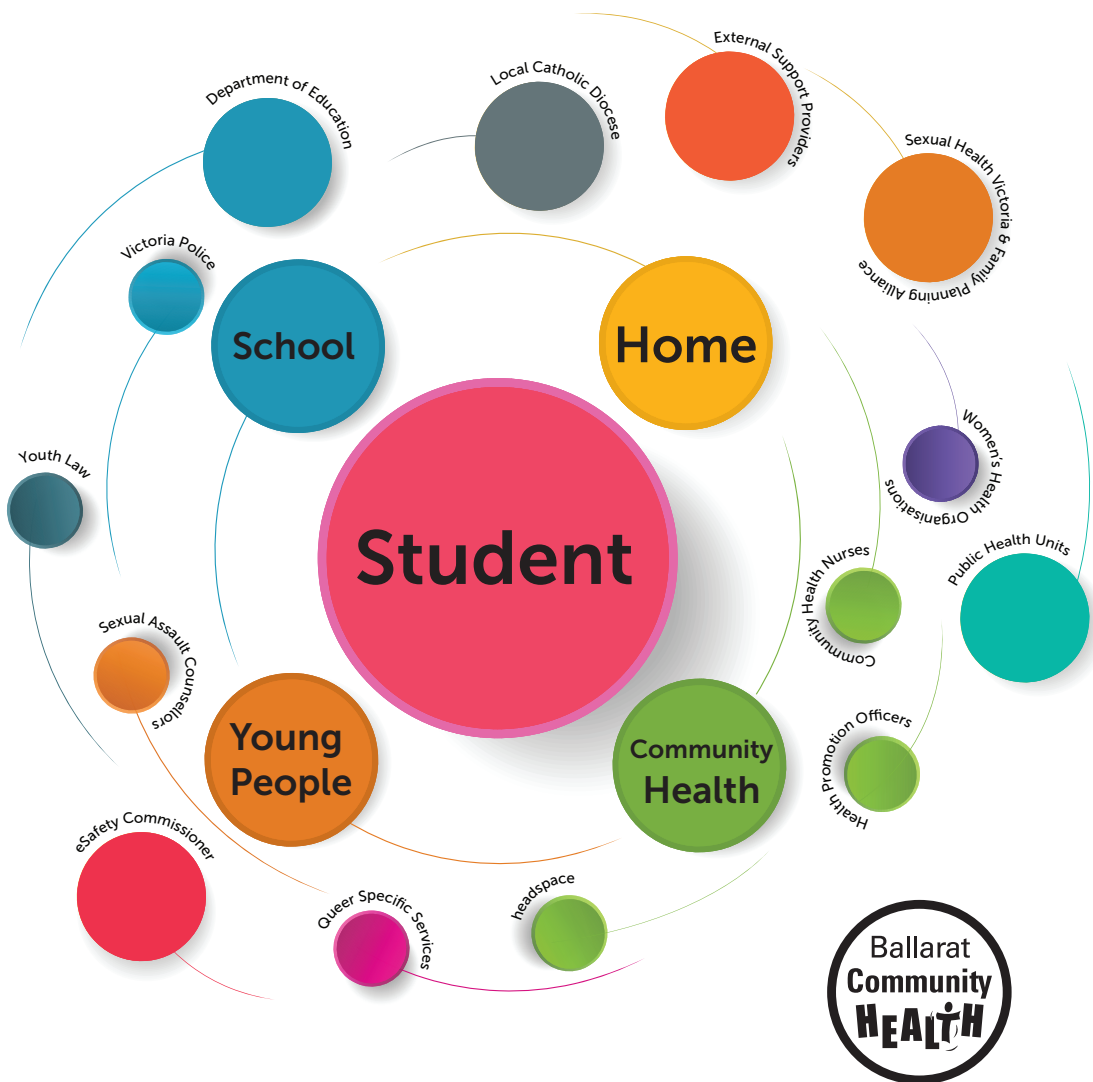


# Sexual Health & Relationships

## A Whole of Community Approach



# Sexual Health & Relationships



## A Whole of Community Approach

### What students want

Is RSE that includes

- Gender and Sexual Diversity
- How to get to know someone
- How to break up with someone
- Masturbation
- How to talk to your sexual partner about pleasure, consent and communicating boundaries
- Pornography
- When to seek help about sexual health

### How it works

- Embraces the partnership between the student, the home, the school, community health and social services.
- Supports the need for comprehensive Relationships and Sexuality Education.
- Builds on knowledge, skills and behaviours, enabling children and young people to make responsible and safe choices.
- Develops protective factors such as resilience and social and emotional competencies will enhance the potential for critical thinking in children and young people.

### The opportunity

- Health Promotion provides the link between our health services and school communities, through social determinants, such as education and access to affordable and quality health care.
- Schools and community organisations work together, pooling resources and strengths to create a broader more effective approach than delivering RSE alone.
- This partnership model increases collective impact on children's and young people's wellbeing by building a whole-of-community approach that supports schools to successfully implement whole-of-school RSE.

### Find out more

Scan the QR code to access the community assets resources and contact us for more information about the program.



**Tameaka Lakey**  
Health Promotion Officer  
& BBV/STI Prevention  
**Ballarat Community Health**  
healthpromotion@bchc.org.au